

Child & Youth Services

Presidio of Monterey

June & July



UNITED STATES ARMY
CHILD & YOUTH SERVICES

Presidio of Monterey Child & Youth Services



Find us on
Facebook

<https://www.facebook.com/PresidioCYSS/>



June / July Edition Newsletter

CYS Contacts:

Parent Central Services

(831) 242-7765
Stilwell Community Center

Family Child Care

(831) 242-5820
Stilwell Community Center

School Liaison Office

(831) 242-6904
Stilwell Community Center

Youth Sports & Fitness

(831) 242-7809
Stilwell Community Center

Monterey Rd. CDC

(831) 583-1050
7693 Monterey Rd.
Seaside, CA 93955

Porter Youth Center

(831) 242-7823
4286 Normandy Rd.
Seaside, CA 93955

CYS Parent Points Program

Did you know that you can earn Parent Points towards money off of your child care bill? Earn 10 Parent Points for 10% off of one child's bill. There are SEVERAL ways to earn Parent Points including helping in your child's classroom, donating items, attending parent education classes and more. Contact CDC or Porter Youth Center for more information!

Important Dates:

June 3 – World Bicycle Day

June 5 – World Environment Day

June 6 – D-Day Anniversary

June 8 – World Oceans Day

June 14 – Flag Day

June 16 – Father's Day

June 19 – Juneteenth Day

July 4 – Independence Day

July 18 – Nelson Mandela Day

July 24 – International Self Care Day

July 24 – Amelia Earhart Day

July 28 – Parent's Day

July 30 – International Day of Friendship

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Red, White and Blue Food Ideas for 4th of July



- White corn on the cob served in a red or blue bowl.
- Blue tortilla chips served with red salsa and sour cream.
- Sliced red tomatoes served with slices of mozzarella.
- Melted red, white & blue chocolate mixed with red white & blue m&m's.
- Watermelon shapes slid unto red, white and blue straws.
- Red pepper slices served with a blue cheese dip on the side.
- Blue Jell-O with raspberries and topped with whipped cream.
- Star shaped sugar cookies with white frosting & red and blue sprinkles.
- A large clear, glass bowl of mixed blueberries and strawberries accompanied by a bowl of whipped cream.
- Rice Krispies balls dies blue and red.
- Kabobs made out of strawberries, marshmallows and blueberries.
- Red and blue ice cubes added to 7-up for a refreshing drink.

Recap of Past Events

DLI's 2019 Language Day on POM

Over 6,000 people visited the Defense Language Institute's popular Language Day, which featured over 50 colorful performances by DLIFLC students and faculty, as well as cultural exhibits, classroom demonstrations and international food. This annual open house is a showcase for the world's premier school for culturally based foreign language education and training. CYS had a fun and interactive station where visitors could make beaded necklaces and bracelets. Everyone had a great time and we look forward to see you all again at Language Day.



Celebrating Military Children 2019

The 2019 Celebrating Military Children (CMC) event was a huge success. Over 1,200 people enjoyed a fun filled day spent recognizing and showing their support for the military children throughout our community.

With the help of over 40 community partner organizations and sponsors, our military children and their families support of this wonderful community.



Child Development Center

June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Kids Workshop at Home Depot 
2 Marina Certified Farmers Market 	3 Free Financial Literacy Class @ Oldemeyer Center 	4 Mismatch Shoe Day 	5	6	7 Jersey Day 	8 Seaside Certified Farmers Market 
9 The Bee Experience @ Earthbound Farms 	10	11 Parent Education Series @CCLC 	12 Sunglasses Day 	13	14 Donuts with Dad Army's Birthday Military Dress Up Day	15
16	17	18 Aloha Day 	19	20	21 Avengers Day 	22
23	24	25 Water Play Day! 	26 Crazy Sock Day 	27	28 Justice League Day 	29
30						

July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Pacific Grove Farmers Market 	2 \$2 Tuesday at My Museum	3 Red, White & Blue Day 	4 CDC CLOSED City of Seaside Red, White & Blues Event	5 Disney Dress Up 	6
7	8	9	10 Backwards Day	11	12 Villains Dress Up  Planetarium Children's Show at Hartnell Planetarium	13 Seaside Farmers Market 
14 City of Seaside Free Sunday Blues Concert	15	16 Bubbles Day 	17	18	19 X-Men Dress Up 	20 Salinas Rodeo
21 City of Seaside Free Sunday Blues Concert	22	23 Career Day 	24	25 Water Play Day 	26 Power Ranger Dress Up	27
28 City of Seaside Free Sunday Blues Concert	29	30	31 Crazy Hat Day			



Monterey Road Child Development Center's Strong Beginnings Class paid a visit to Marshall Elementary School and spent time with Kindergartners. Strong Beginnings got a chance to participate in the Kinder circle time by listening to a very engaging story. They even had a chance to show their creativity by doing art!



Monterey Road Child Development Center held a Multicultural Night where staff and families came together to celebrate our diverse community here in Monterey, Ca.



Porter Youth Center

JUNE / JULY CALENDAR

June 7th: Last day of school for MPUSD students

June 14 th: Army Birthday Celebration @ Porter Youth Center

June 24th—June 28th: Baking Club with Just Desserts from Monterey

July 8th—July 28th: Science Club with Lab Rats Academy from Seaside

July 15th—July 19th: Beginning Dance Club with Spector Dance from Marina

July 29th—August 2nd: PlayWell LEGO Superhero Engineering

1st—4th Grade field trips occur weekly on Tuesdays

5th/6th Grade field Trips occur weekly on Thursdays

Youth Program field trips occurs weekly on Wednesdays & Fridays

Kindergarten field trips occur on July 8th and July 22nd

Swimming trips for Teens occur weekly on Mondays

Swimming trips for School Age occur weekly on Wednesdays



Character Counts is the program we use at Porter to incorporate six pillars of character (trustworthiness, respect, responsibility, fairness, caring, and citizenship) into our after school activities. We do weekly activities centered around Character Counts but you'll see lots of Character Counts throughout the center in the monthly recognition rally for kids who have excelled at showing the monthly pillar or to our Porter Bucks which are awarded when kids are caught doing positive things around the center. Pictured is one of our recent activities that taught kids that no matter how different you may feel you are from someone there is also something similar.

We also run Looniversity Clubs once a week throughout the school year as part of our partnership with The Boys & Girls Club of America. In these leader planned quarterly clubs kids have the option to do everything from drama to sports and all clubs fit within five different service areas; character and leadership development; sports, fitness, and rec; health, wellness, and life skill; and the arts. Pictured is one of our clubs from last quarter, woodworking.

Strong Beginnings Graduation Day!!



Porter Summer

Enrichment Clubs

www.mwrmonterey.com



June 24–28 • 12:30–3:00 p.m.

Join us for a fun filled week of baking with local baking company Room for Dessert!
Space is limited to 20 children in 3rd–6th grades.

July 8–12 • 12:30–2:00 p.m.

Learn all about science in this lab based camp!
Space is limited to 20 children in 2nd–5th grades.



LAB RAT ACADEMY



July 15–19 • 12:30–2:30 p.m.

Intensive dance instructions for beginners with local dance company Spector Dance.
Space is limited 10 children in 4th–7th grades.



July 29–Aug 2 • 12:00–3:00 p.m.

Finish out the summer with the exciting Lego based S.T.E.M. club all about super heroes!
Space is limited to 25 children in 2nd–6th grades.



Full-Day care not required for enrollment!

Please contact the front desk for pricing and availability at 831-242-7823

What would you do with 4 hours of free time?



Porter Youth Center:

Engaging Programing, Caring Staff & Positive Atmosphere
Gym, Computer Lab, Snack and Other Activity Areas
Pick-up from Marshall, DLAMP, Seaside High & Middle
Wednesday "Early-Out" & School Break Care
Proximity to Marina Shopping Center

4 hours of free school-age care each month

and eligibility for Youth Sports, School Services & Special Events

Schedule your free time with Porter Youth Center today: (831)242-7823

1 free hour per day, \$5 per hour drop-in rate

Must be registered with Army Child and Youth Services: (831)242-7765
or stop by Gen Stilwell Community Center, 4260 Gigling Rd. OMC



ENROLLMENT PORTER YOUTH CENTER

Bldg. 4283 on OMC
831.242.7823
Mon.–Fri., 6:30 a.m.–6 p.m.

REGISTRATION

Parent Central Services
General Stilwell Community Center
Bldg. 4260 on OMC
831.242.7765 • (Fax) 831.242.5630
Mon.–Fri., 8 a.m.–5 p.m.
www.mwrmonterey.com/CYS
www.facebook.com/PresidioCYS

"GOOD IS NOT A THING YOU ARE.
IT'S A THING YOU DO."
— MS. MARVEL



8
BIG
WEEKS
2019

DETAILS INSIDE, ENROLL NOW!

ENROLLMENT
OPENS 8 APR

PORTER YOUTH CENTER COMIC CON SUMMER CAMP

1
US \$2.37



NEW ADVENTURES!
EVERY WEEK

COMMUNITY HEROES WEEK 1: JUNE 10



THERE'S A HERO
HIDING IN ALL OF US.

WHO WILL
YOU BECOME?
WHAT POWERS
DO YOU POSSESS?

AVENGERS WEEK 2: JUNE 17



WEEKLY HERO TRAINING:
S.T.E.M. ACTIVITIES
COOKING CHALLENGES
ART PROJECTS
EXERCISE AND LEADERSHIP

DISNEY WEEK 4: JULY 1



WEEKLY FIELD TRIPS:
JUMP AROUND
TATUM'S GARDEN
THE MONTEREY ZOO
SWIM TRIPS
LOCAL HIKES

JUSTICE LEAGUE WEEK 3: JUNE 24



ALL YOUR PORTER
BUCKS WILL BELONG
TO ME!!!

VILLAINS WEEK 5: JULY 8



X-MEN WEEK 6: JULY 15

5TH-6TH GRADE
ADVANCED HERO TRAINING
SPECIALIZED ACTIVITIES
WEEKLY FIELD TRIPS



POWER RANGERS WEEK 7: JULY 22

SPECIAL SUMMER CLUBS:
LEGO ENGINEERING
BAKING CLUB
SCIENCE CLUB
AND MORE!



I AM SMART.
I AM STRONG.
I AM KIND.

BECOME YOUR OWN SUPER HERO WEEK 8: JULY 29

**Enrollment
Porter Youth Center**

Bldg. 4283 on OMC

831.242.7823

Mon.-Fri., 6:30 a.m.-6 p.m.

Registration

Parent Central Services

General Stilwell Community Center

Bldg. 4260 on OMC

831.242.7765 • (Fax) 831.242.5630

Mon.-Fri., 8 a.m.-5 p.m.

www.mwrmonterey.com/CYS

www.facebook.com/PresidioCYSS



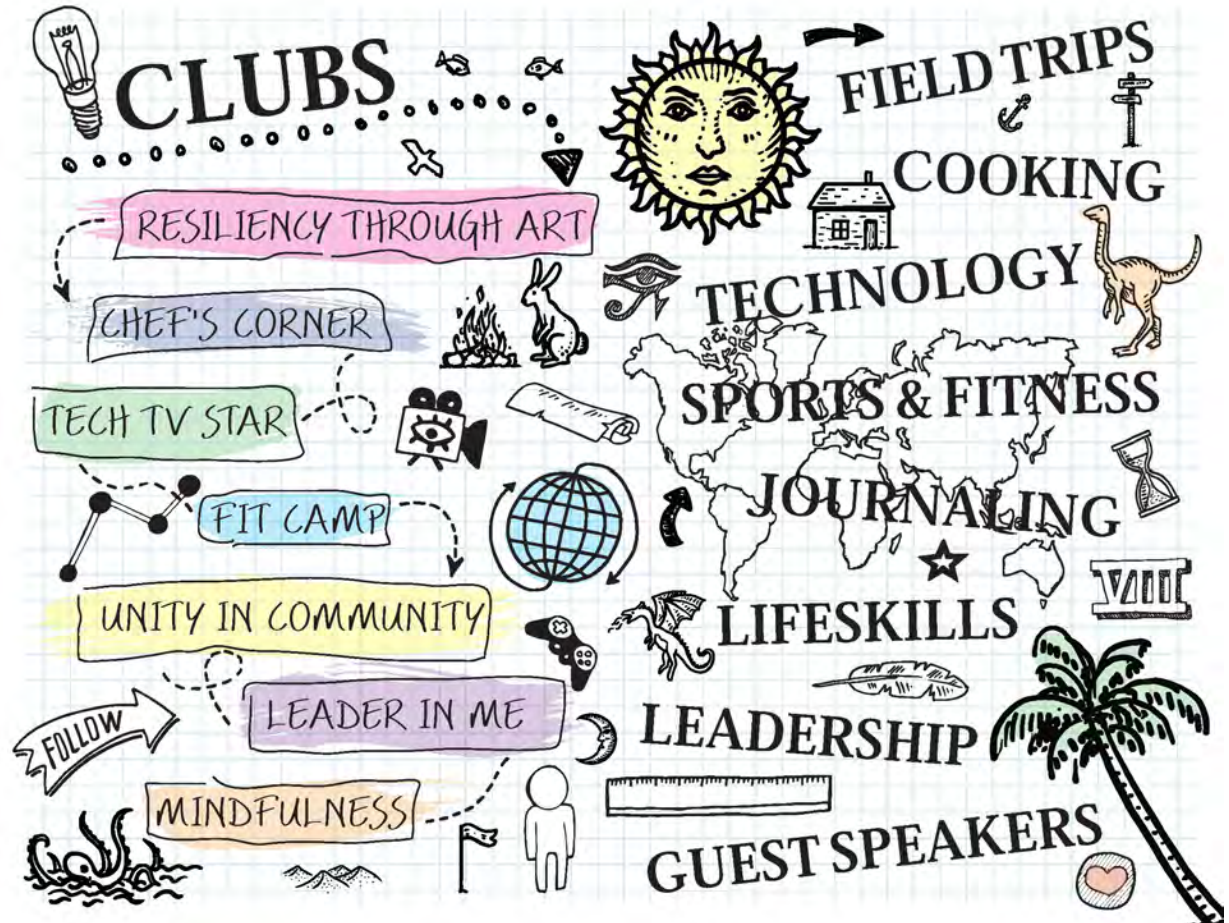
Middle **S**chool & **T**een
Summer Camp

Positive Mind.

Positive Vibes.

Positive Life.

Channeling a new perspective.



Happy Father's Day



Sunday, June 16, 2019 is Father's Day. What better way to show your Dad that you love and appreciate him than doing one of the following low cost gift ideas that he's sure to enjoy.



1. Make him a Father's Day Brunch and Serve Breakfast in Bed — Dad deserves a hearty breakfast right when he wakes up! Have the kiddos help you make one of these delicious recipes for breakfast in bed.
2. Find a Picnic Spot — There's no reason you can't head outdoors for a fun family meal. Surprise dad by packing his favorite foods and stake out a spot at a local park.
3. Go Camping — There's so much exploring and bonding to be had on a camping trip. Treat dad to a great outdoor getaway by helping him pitch a tent, make some s'mores, and do a little stargazing .
4. Wash His Car — Guys take pride in their cars, but being there for the family doesn't always leave enough time to care for their cars the way they want to. This Father's Day, surprise Dad by getting his car washed and have the kids help clean out and vacuum his car for an extra touch.
5. Take the Whole Family for a Beach Day — With summer just around the corner, Father's Day is a great time to get outside and soak up the sunshine. Enjoy a beautiful day outside by taking the entire family to the beach and better yet, bring a picnic to share for lunch as well .
6. Plan a Fishing Trip — An angler dad would love nothing more than celebrating Father's Day at a local fishing hole. You'll both love the chance to teach the littles something new while spending the day outside in nature .
7. Host a Barbecue Party — Get the entire family together for a mini reunion on Father's Day.
8. Embrace an Outdoor Adventure — Take in the great outdoors by walking through the park, hiking at a nearby mountain, or going for a bike ride through a forest preserve. Both you and your pops will enjoy the chance to spend some quality family time together without the distractions found at home.
9. Take a Weekend Road Trip — Maybe you need to go the distance to make the day memorable for dad. Plan a road trip to a nearby small town or surprise him with plane tickets to a city on his bucket list.
10. The Gift of Time — Sometimes, the best gift Dad could ask for is some time with his family. When everyone in the family has such busy lifestyles, the gift of time is the most precious gift, and he'll appreciate the effort everyone makes to spend some time as a family on Father's Day.

“Walk a little slower, Daddy..”
Said a little child so small.
“I’m following in your footsteps
And I don’t want to fall.

Sometime your steps are very fast.
Sometimes they’re hard to see.
So walk a little slower, Daddy,
For you are leading me.

Someday when I'm all grown up,
You’re what I want to be;
Then I’ll have a little child,
Who’ll want to follow me.

And I would want to lead, just right,
Just like you showed me to do.
So, walk a little slower, Daddy,
For I am following you.”

4TH OF JULY CRAFTS

NOISEMAKER



Supplies:

- 2 paper plates
- Red, white, & blue paint
- Dried beans
- Stapler
- Scissors
- Paint brushes
- Tape



Cut out a smile shape from the inner circle of both paper plates.



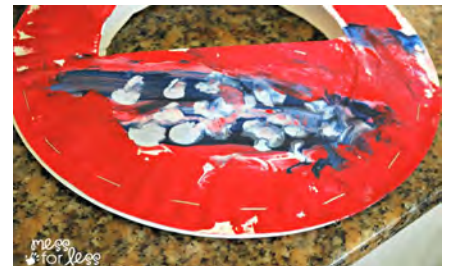
Cut across so you have removed a "D" shape from each plate.



Now it's time to paint. Make sure to paint both plates on the outer rounded edge using the red, white, and blue paints.



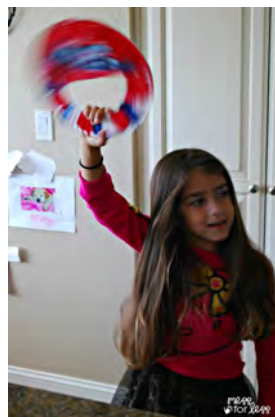
When the paint on the plates has dried, staple the bottom edges about half way around the plate. Use about 10-12 staples, placed close enough together so that the beans don't fall out between them.



Fill the large pocket with a few tablespoons of dried beans, then staple the pocket closed (across the top of the middle of the plate). For extra precaution, tape over the staples so they don't catch on anything.



Using tape, close the top half of the curved edge of the plate to finish the handle. Tape is used because it's less rough for little hands as they are holding the noisemaker.



PATRIOTIC LANTERN



Supplies:

- Glue
- Red, white, & blue construction paper
- Scissors



Instructions:

- Start by cutting out two long strips of blue construction paper. (These will make the top and bottom of the lantern.)
- Then cut more strips, thinner than the blue strips, out of the red paper. You can cut them straight, wavy, zig zag or a mixture of styles (your preference). Reserve one red strip for the lantern handle.
- Next Arrange the red strips on the blue strips. Make sure the spacing is how you like it.
- It's best to lay out the strips before gluing, as the strips might be difficult to move once they have been glued down.
- Also, make sure that the red strips don't hang over the ends of the blue strips.
- Finally, make the white stars by cutting out a bunch of triangles using white construction paper. Put two triangles together with one being upside down and glue them together to make a star. Or you can always trace and cut a star or do it free handed. Glue the white stars to the red strips.
- Lastly, glue the two ends of the lantern together, joining the short ends. Once finished, glue the red strip to the inside of the top of the lantern. Wait until glue is dry to hang the lantern.

Don't just tell your children to go outside and play.
Be the first person to call the CYS Office at (831) 242-6635 and say:
"I'm going to play and lead by example today!"
To win a wonderful Summer Prize!! - Hoooooray!!

Have a happy and safe 4th of July from your friends at Child & Youth Services.

Outreach Services

YOU DESERVE A **Parents
Night Out**

TAKE SOME YOU TIME... AND WE'LL WATCH THE KIDS!

PARENTS

NIGHT

SATURDAY
June 15
5:30pm-11:30pm

OUT

At Monterey Road CDC & Porter Youth Center

\$30 1st \$25 each additional child
Dinner provided, space is limited



Enroll Online At:

<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>

*Child Must be Registered with Army CYS (831) 242-7765

BABYSITTER TRAINING COURSE

June 27, 2019
8:30 a.m.–4:00 p.m.

At Gen. Stilwell Center, CYS Conference Room, Bldg. 4260 on OMC



Do you have what it takes to be a babysitter?
Are you ready to make your own money?
Do you know what to do in case of an
emergency while babysitting?

Earn your Babysitter Certification!

Course includes basic skills for child care, CPR and First Aid.

Youth 13 years and older will be certified.

Youth 12 years old may participate on a space available basis.
(Will receive certification when they turn 13.)

Youth who complete the course will be placed on Parent &
Central Service's babysitter referral list (with parental permission).
This means more jobs for you!



Transportation from and to Porter Youth Center Provided 8:00am and 4pm.

Lunch provided or bring your own.

A minimum of 5 participants required to start class. Please bring a doll to share and dress comfortably.
Students will receive a Student Handbook along with a Babysitter's Tool Kit filled with essential supplies for babysitters.

Pre-registration required by June 21 2019. Register at CYS, PYC or go to:

<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>

For more information contact:

CYS Parent Central Services at 242-5820 or 242-7765.

www.mwrmonterey.com



La Mesa & OMC Family Child Care Providers Needed

Reasons for being an FCC Provider:

- Maintain a happy home-away-from-home atmosphere for children who can't be with their own parents during the day.
- Create social experiences for your own children.
- Earn \$20,000–\$40,000 per year.
- Minimal start up costs.
- Army funded lending closet.
- Help service members who worry about having quality, reliable child care.
- Extensive Free Training.
- Support for professional growth.
- *Must be in Military housing.

For more information call (831) 242-5820
or email traci.m.gibson.naf@mail.mil



Family Child Care

Family Child Care Providers Wanted in OMC and La Mesa Housing Areas!

Are you familiar with what Family Child Care (FCC) is all about?

FCC is NOT babysitting within your home. FCC offers personal, individualized care within your home environment. FCC providers are fully vetted through the Army, passing thorough background checks and required training. FCC providers are held to the highest standard of care and regulations to ensure the best care possible for our children. FCC is currently recruiting qualified family members residing in Ord Military Community or La Mesa Housing. This is an excellent opportunity for you to work from home, earn extra income, and provide a much needed child care option for our military families. FCC also transfers from installation to installation, affording consistent employment throughout the multiple moves that may occur during a military career.

If you would like to find out more information, please contact the Family Child Care Director, Traci Gibson, at 831-242-5820.





Home School Co Op Planning Meeting

Thursday July 11, 2019 • 12:00–1:00 p.m.

CYSS Conference Room @ Stilwell Community Center

Please join me to help plan for the Co Op School Year. I look forward to your helpful input regarding activities and field trip options. You are welcome to bring the children if needed. Lunch provided.

www.mwrmonterey.com/cyss

SAVE THE DATE

Presidio of Monterey

SUMMER EXPO 2019

Thursday, August 1
4-7:00 PM

Free School Supplies • Learn About Upcoming Events • Fun Activities
FOOD WILL BE AVAILABLE FOR PURCHASE AT THE EVENT

Looking For Sponsors and Vendors

Please call 831-242-6904 or email elaine.l.vrolyks.naf@mail.mil
General Stilwell Community Center • Bldg. 4260 Gigling Road Seaside, CA

SCHOOL LIAISON SERVICES Home School Co-Op

School Liaison Services Home-School Program Schedule: School Year 2019-2020

August 20, 2019	September 10, 2019
October 15, 2019	November 5, 2019
December 10, 2019	January 19, 2020
February 11, 2020	March 10, 2020
April 14, 2020	May 16, 2020

Home School Families, the School Liaison Services welcomes your school-age children to the Home School Co-Op. There will be different fun and educational activities available for home schoolers including: Arts & Crafts, Technology Exploration and Sports. We look forward to having your children participate in this unique experience. Please wear appropriate footwear.

Discover the many things that Child & Youth Services can offer to you and your children:

Facilities, Gymnasium, Computer Lab, Classes, Activities, Field Trips and much more. Meetings take place from 9-11:30 a.m. at Porter Youth Center, Bldg. 4283 on OMC.



REGISTRATION IS FREE. Children and youth (5-18) must be registered with CYS in order to participate, please call 831-242-7765 for an appointment. If you're already registered, please contact your School Liaison Officer to sign up for the events at 831-242-6904.

Follows us on online at: www.facebook.com/PresidioSLO or www.mwrmonterey.com/SLO

MONTEREY PENINSULA UNIFIED SCHOOL DISTRICT

SCHOOL CALENDAR

2019-2020

JULY - 2019

SU	M	T	W	TH	F	SA
	1	2	3		5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
29	29	30	{31}			

AUG - 2019

SU	M	T	W	TH	F	SA
				{**1}	{**2}	3
4	{5}	**6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPT - 2019

SU	M	T	W	TH	F	SA
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCT - 2019

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOV - 2019

SU	M	T	W	TH	F	SA
					1	2
3	4	5	6	7	8	9
10		12	13	14	15	16
17	18	19	20	21	22	23
24	25	26				30

DEC - 2019

SU	M	T	W	TH	F	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	*20	21
22	23					28
29	30					

JAN - 2020

SU	M	T	W	TH	F	SA
				2	3	4
5	{6}	**7	8	9	10	11
12	13	14	15	16	17	18
19		21	22	23	24	25
26	27	28	29	30	31	

FEB - 2020

SU	M	T	W	TH	F	SA
						1
2	3	4	5	6	7	8
9		11	12	13	14	15
16		18	19	20	21	22
23	24	25	26	27	28	29

MAR - 2020

SU	M	T	W	TH	F	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APR - 2020

SU	M	T	W	TH	F	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY - 2020

SU	M	T	W	TH	F	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24		26	27	28	29	30
31						

JUNE - 2020

SU	M	T	W	TH	F	SA
	1	2	3	4	*5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

8/7 Students' First Day

9/2 Labor Day

10/7 - 10/11 Fall Break

11/11 Veterans' Day

11/25-11/29 Thanksgiving Break

12/23-1/3 Winter Break

1/8 Students' Return from Winter Break

1/20 Martin Luther King Day

2/10 Lincoln's Birthday

2/17 President's Day

3/16-3/27 Spring Break

5/25 Memorial Day

6/5 Students' Last Day of School

*Minimum Day

July 31 - August 1 - New Teacher Orientation/Staff Meeting/Preparation

August 2 1/2 Site Professional Development Day/ 1/2 Teacher Work Day

August 5 - Back to School Kick Off/Professional Development Day

August 6 and January 7 - Teacher Work Day

January 6 - Professional Development Day

October 4 - End of 1st Quarter (42 Days)

December 20 - End of 2nd Quarter (44 days)/End of 1st Sem. (86 days) All Secondary Grades DL

March 13- End of 3rd Quarter (45 Days)

June 5 - End of 4th Quarter (49 Days)/End of 2nd Sem (94 Days)

June 5 - All Grades Due

180 Total Teaching Days

185 Service Days for Returning Teachers

187 Service Days for New Teachers

^ CAASPP Testing Window

* Less Than a Full Day

All Holidays

Student Break

[] Collaboration Dates

** Teacher Work Day

{ } Professional Development

1st Day of School/Last day of School

Presidio Youth Sports



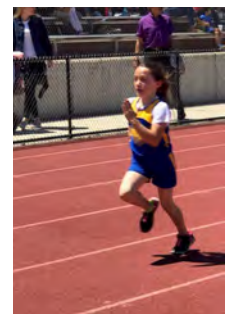
Some pictures from the 5-6 year old basketball game on June 1.



Some pictures from the last Flag Football game of the season. This was the first year Presidio Youth Sports has offered flag football. The kids had a great time and enjoyed the season. We look forward to being able to offer flag football again next year.



Track pictures from "Youth Fitness Day" on May 11 at Monterey Peninsula College.



Presidio Youth Sports Start Smart Basketball

This is an Instructor led, parent/child sports activity program. It is designed to teach children the basic fundamentals of sports in a recreational setting. Each child must be accompanied a parent who works directly with him or her to help teach the skills and activities.



REGISTRATION May 1–June 21

Ages 4–5 (As of June 1, 2019)

\$25 First Child. 15% discount for additional children.

ACTIVITY DATES

June 24–July 24, classes will be conducted on Mondays and Wednesdays 5:30–6:30 p.m. at Porter Youth Center Gym.

Newcomers begin your registration process by calling Parent Central Services at 242-7765 or register online at:

<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>

Existing registered CYSS Patrons can enroll online at the same address as above. For questions regarding the Youth Sports Program call Andy Lipsig at 242-7809.

Porter Youth Center, Bldg 4283 on OMC
242-7809/7765

Visit us online at:
www.mwrmonterey.com/CYS



For quick access to our website,
use your smartphone's QR Code
Reader to scan this image.

Start Smart Basketball Registration is open. Presidio Youth Sports is now accepting enrollments for the Summer Start Smart Basketball program. This activity is designed to help 4-5 year old kids develop necessary skills that will help them to be ready for the Youth Basketball leagues. The Youth Sports staff leads the activities with the assistance of the parents who work directly with their children. Each child receives a basketball so they can practice at home and work on their skills. This program is non-competitive and designed to make the game fun for both the kids and parents.

Presidio Youth Sports 2019



Summer Soccer Clinics

Sign Up: May 1-31 (Sign-ups will continue until all spots have been filled.)

Activity Schedule:

Ages 5-8: Tuesdays, 5:00-6:30pm and Saturdays, 12:30-2:00pm

Ages 9-12: Thursdays, 5:00-6:30pm and Saturdays, 2:30-4:00pm

Dates: June 4-July 27

Location: Hayes Park soccer fields

Cost: \$30 first child, \$26 2nd child

Each class features skills instruction and lots of scrimmage time. Sharpen your skills and prepare for the fall season or just come out and have some fun.

Program participants must be registered through Parent Central Services and have a current sports physical before signing up for any youth sports activities. All military branches, DOD civilians and students attending Marshall Elementary, Dual Language Academy and Seaside Middle School are welcome to participate.

Newcomers: Begin your registration process at:
<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>
Existing Registered CYSS Patrons: Enroll fast and easy online at:
<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>
Call Parent Central Services for more information at 242-7765.
For questions regarding the Youth Sports Program, please call
Andy at 242-7809



2019 Presidio Youth Sports **Youth Soccer**

Registration: May 1–August 15

Age Groups:

4–5 (Co-ed) • 6–7 (Co-ed) • 8–9 (Co-ed or Girls Only) • 10–11 (Co-ed or Girls Only)

*Age cut off date is July 31, 2019

League Skills Assessment: August 17th, Hayes Park Soccer Fields

10 a.m. (ages 4–5) • 11:00 a.m. (ages 6–7) • 12:00 p.m. (ages 8–9) • 1:00 p.m. (ages 10–11)

Games: September 7–November 2

Skills Assessment and Practices will be located at Hayes Park.

Anyone who wishes to *Coach or will be helping with the program is required to fill out a volunteer application. Forms are available at the Parent Central Services Office, Bldg 4260 on OMC.

First child, \$55 (ages 4–11), 15% discount for all additional children.

Fee includes uniform, team photo, award certificate and medal.

*Coaches receive free enrolment for all participating children.

All Military Branches, DOD Civilians and students attending Marshall Elementary, Dual Language Academy and Seaside Middle School are welcome to participate. Program Participants must be registered through Parent Central Services and have a current sports physical before signing up for any youth sports activities.

Need more information?

Call Andy at 242-7809 or

visit our website at: **www.mwrmonterey.com/youthsports**

Already Registered? Enroll fast and easy online!

<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>

or call Parent Central Services at **242-7765**.



ARMY COMMUNITY SERVICE

Bldg. 4260 on OMC + Mon-Thurs 8:00 am-5:00 p.m., Fri 1-5:00 p.m. | (831) 242-7660



JUNE

Most classes require pre-registration please call ACS for verification. If you intend to use our childcare services, your child(ren) must be registered with Child Youth Services prior to event. To register for events please call ACS at 242-7660. For child care registration, please call CYS at 242-7765.

Infant Playgroup

Wed, June 5, 12, 19 & 26, 9-10:00 a.m.
ACS, General Stilwell Community Center
Are you a new parent? Looking for a safe and fun place to share, learn and meet other new parents, newborns and infants? Join us for this interactive playgroup for infant's ages 0-1. Socialize with other parents as you learn and share from each other's experience as you explore and encourage your infant's development. Call ACS at 242-7660 for more information.

Children & Parents Playgroup

Wed, June 5, 12, 19 & 26, 10-11:00 a.m.
ACS, General Stilwell Community Center
Do you have children ages 0-3 years old and looking for a fun place to play? Join us at our Children and Parents Play group! Meet, share and learn with other parents the world of the newborn, the curiosity of the toddler and the persistence of the preschooler. Call ACS at 242-7660 for more information.

Personal Financial Readiness Training

Wed, June 5, 1:00-4:00 p.m.
The Tin Barn, Bldg. 518, on POM
Topics will include: Principles of Personal Finance, Budgeting, Banking & Checking Accounts, Using Credit Wisely, Saving and Investing (TSP/Traditional vs. Roth TSP/ Blended Retirement System), Car Buying, Insurance, Consumer Scams, and Identity Theft. It is recommended that all IET Service Members attend a session. Call Leyla Burns at 242-5501 or email: leyla.burns.civ@mail.mil for more information.

Couples Connection

Wed, June 5, 5:30-7:30 p.m.
ACS, General Stilwell Community Center.
Expectations vs Desire Marriages do not come with instructions. Learn different techniques of how to build on each person's existing strengths and add critical life and relationship skills to your partnership.



Smart Moving

Thur, June 13, 3:30-4:30 p.m.
The Tin Barn, Bldg. 518, on POM.
Learn about your next Permanent Change of Station (PCS) move. Topics included are: Using a Checklist, Knowing your Benefits and Entitlements and Budgeting for Moving. Registration is required. Call ACS at 242-7660 for more information.

Ages & Stages

Wed, June 19, 6-7:30 p.m.
ACS, General Stilwell Community Center
We will examine temperament and how it relates to family dynamics (your child's and yours); what are developmental milestones and how they many affect your child's behavior and your responses, and how anticipating age appropriate development can support calm family interactions.



STOMP Conference 2019

(Specialized Training of Military Parents)
June 20-21, 9:00-4:00 p.m. ACS, Stilwell Community Center, Bldg. 4260. RSVP by topic or interest.
Why attend a STOMP workshop?

- *Learn your educational rights as a parent of a child with disability
- *Financial planning for your child: Special needs trusts and supplemental security income
- *Tricare ECHO, and ABA: What services can you receive from your benefits?
- *Network with parents and professionals while learning about local and community resources.

Attend for just the topics of interest, or part or all day, it's up to you! Please call 831-242-7660 to register or register online: <https://stomp-presidio.eventbrite.com>

CPR/AED Classes

Monday, June 24, 9 a.m.-1:30 p.m.
ACS, Stilwell Community Center,
Nearly 80 percent of cardiac arrest occur outside the hospital. Providing training that enables employees to take appropriate rescuer action at the workplace is an essential element of an effective safety program. The CPR/AED Course gives you the skills to learn and complete this task. Upon successful completion, students receive a course completion card valid for two year. Call ACS at 242-7660 for more information



Mommy & Me Yoga for Stress Relief

June 26, 9:00-10:30 a.m.
Open to anyone. OMC, please bring a mat. Register by calling 242-7660.

Free Swimming

June 29, 12-5:00, Monterey Sports Center
Free event for EFMP families. Indoor swimming event. Please call ACS at 831-242-7660 to reserve your spot.

mwmmonterey.com/acs

facebook.com/PresidioFMWR

twitter.com/PresidioFMWR

facebook.com/POMemploymentreadiness



Free Basic Job Skills training in CPR/AED

Dates: Refer Below
Time: 0900-1330

Cost for AHA CPR Certification Card: \$25

Payment Methods:
• \$25 Cash at class or
• Contact Health Educational Services for payment in advance (831) 424-1867 Ext. 5

Questions:
Contact: Firefighter Jay Gonzalez
(831) 242-7761

Information:
• Classroom materials will be provided by Fire Dept.

* Books provided by ACS



PRESIDIO OF MONTEREY FIRE DEPARTMENT

CPR/AED Classes



Nearly 80 percent of cardiac arrests occur outside the hospital. Providing training that enables employees to take appropriate rescuer action at the workplace is an essential element of an effective safety program. The CPR/AED Course gives you the skills to learn and complete this task. Upon successful completion, students receive a course completion card valid for two years

Location: Stilwell Center CYS Conference Room 4260 Gigling Rd. Seaside, CA 93955

Only 4 spots available per class for military community

Reserve your slot at ACS 242-7760



2019 Class Dates

Feb 25 th	May 20 th	Sept 30 th
Mar 18 th	June 24 th	Oct 28 th
Apr 29 th	July 22 nd	Nov 18 th
	Aug 26 th	



Free 2 Day STOMP Workshop

Presidio of Monterey, CA

WHEN: June 20 & 21, 2019

TIME: 9:00 a.m. - 4:00 p.m. both days*

*RSVP by day or topic of interest

WHERE: Army Community Service (ACS)
Bldg. 4260 Gigling Road
Seaside, CA 93955

Why Attend A STOMP Workshop?

- ✓ Learn your educational rights as a parent of a child with a disability
- ✓ Financial planning for your child: Special Needs Trusts and Supplemental Security Income
- ✓ TRICARE, ECHO, and ABA: What services can you receive from your benefits?
- ✓ Network with parents and professionals while learning about local and community resources

Attend for just the topics of interest, or part or all day - it's up to you!

Register online:
<https://stomp-presidio.eventbrite.com>



All STOMP Instructors are military affiliated with family members in the EFMP!

The STOMP workshop can include interactive breakouts on:

- IFSP/IEP (bring a copy of your child's IEP and learn how they can best be supported)
- Transition
- Student Led IEP
- Conflict Resolution

Scan the QR code below with your smartphone or tablet to access the agenda



For more information contact:
EFMP:
831-242-7660/7960

ABOUT PAVE

PAVE provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities. To learn more visit us online at pave.org

Infant Play Group

Are you a New Parent?
Have an Infant (newborn to 1 year of age)?

Looking for a fun place to share, learn, and meet other new parents, newborns and infants?
Then come to the Infant Play Group to share, learn and socialize as you explore and encourage your infants development

Every Wednesday 9:00-10:00am
Stilwell Community Center



For more information Army Community Service 242-7660
mwrmonterey.com/acs



Children & Parents Play Group

Have children age 0-4 and looking for a fun place to play?

Then come to the Children and Parents Play Group. Meet, share and learn with other parents as the world of the newborn, the curiosity of the toddler, and the persistence of the preschooler is explored.

Every Wednesday 10:00-11:00am
Stilwell Community Center



For more information Army Community Service 242-7660
mwrmonterey.com/acs



Couples Connection

The Secrets to Love That Lasts



ACS Gold Room, 5:30 p.m.-7:30 p.m., Wednesdays 2019

- | | |
|--|-------------------------------|
| 6 MAR: Restoring the Joy | 7 AUG: Dreaming to Completing |
| 3 APR: Fun and Friendship | 4 SEP: Growing with Children |
| 1 MAY: How to Fight Fair | 2 OCT: Family Frame Work |
| 5 JUN: Expectations vs. Desire | 6 NOV: Attitude of Gratitude |
| 3 JUL: Independence to Interdependence | 4 DEC: Surviving the Holidays |

Marriages do not come with instructions. Learn different techniques of how to build on each person's existing strengths and add critical life and relationship skills to your partnership. In particular we will discuss how we all think and react to life events. The goal of this class is to provide couples with a clear picture of what a healthy relationship looks like in such a way that they feel empowered and fully capable of creating their own healthy romantic relationship. Class facilitators will be Everett Zachary, Family Life Chaplain and Jason Ledford, LCSW.

Free Dinner will be provided.

To make a reservation for the class please call 831-242-7660.
Child Care may be available if children are registered with Army Child and Youth Services and enrolled for childcare.



Family Advocacy Program Classes 2019



Ages
&
Stages

Wednesday, June 19
6:00 p.m.-7:30 p.m.

* We will examine temperament and how it relates to family dynamics (your child's and yours); what are developmental milestones and how they may affect your child's behavior and your responses, and how anticipating age appropriate development can support calm family interactions.

CHILD PROOFING

Wednesday, July 17
6:00 p.m.-7:30 p.m.

* What are some philosophies about this topic? Do I really need to have a home that is like a padded cell? Can't children be taught to simply "not touch" important things? Where is the balance? We will look ideas for preventing possible child accidents and injuries.



*Presented by Ms. Gail Root, M.A. Pre & Perinatal Psychology
ACS Gold Room, General Stilwell Center, Gigling Rd, Bldg 4260, Seaside, CA, 93955.
Call 831-242-7660, or stop by to register. Check out www.mwrmonterey.com/acs



ACS LENDING CLOSET

Just arrived and your household goods haven't?

ACS can help, stop by and borrow items like:



Car Seats
Playpens
Strollers



Coffee Makers



Card Tables/Chairs
Dishes/Glassware
Kitchen Utensils
Sleeping Mats

For more information, please call
Army Community Service
(831)242-7660


www.mwrmonterey.com/ACS

Excludes weapons and their parts. Restrictions may apply.



For more information Army Community Service 242-7660
mwrmonterey.com/acs





The CYS Newsletter can be viewed digitally at:
<https://presidio.armymwr.com/programs/cyss>

For questions about CYS programs contact:
Parent Central Services (831) 242-7765