

Child & Youth Services

Presidio of Monterey

April & May



Find us on
Facebook

<https://www.facebook.com/PresidioCYSS/>



CYS Contacts:

Parent Central Services
(831) 242-7765
Stilwell Community Center

Family Child Care
(831) 242-5820
Stilwell Community Center

School Liaison Office
(831) 242-6904
Stilwell Community Center

Youth Sports & Fitness
(831) 242-7809
Stilwell Community Center

Monterey Rd. CDC
(831) 583-1050
7693 Monterey Rd.
Seaside, CA 93955

Porter Youth Center
(831) 242-7823
4286 Normandy Rd.
Seaside, CA 93955

CYS Parent Points Program

Did you know that you can earn Parent Points towards money off of your child care bill? Earn 10 **Parent Points for 10% off of one child's bill. There** are SEVERAL ways to earn Parent Points **including helping in your child's classroom,** donating items, attending parent education classes and more. Contact CDC or Porter Youth Center for more information!

Important Dates:

April 1 — April Fool's Day

April 2 — Children's Book Day

April 13 — Celebrating Military Children (CMC)

April 15 — Tax Day

April 19 — Passover

April 21 — Easter

April 22 — Earth Day

May 1 — May Day

May 2 — Brothers and Sisters Day

May 4 — Star Wars Day

May 5 — Cinco De Mayo

May 7 — National Teacher's Day

May 10 — Child Care/Daycare Provider Day

May 10 — Military Spouses Day

May 12 — Mother's Day

May 16 — Wear Purple for Peace Day

May 18 — Armed Forces Day

May 27 — Memorial Day

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Child Development Center

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1  Parent Tot play time at Rising Star	2	3  National Find a Rainbow Day!	4	5  Sports Day!	6  Good Old Days Celebration Pacific Grove
7	8  Let's Talk Credit Free Financial Literacy Class @ Oldemeyer Center	9  Bubbles Day!	10  Wear Purple to Celebrate Military Children Day!	11  National Pet Day!	12  Bugs & Butterflies Day!	13  Celebrating the Military Child Fair at PYC 10 AM - 1 PM
14	15  BOOK FAIR April 15th - April 16th	16  Picture Day April 16th - 18th	17	18  Multicultural Night 6:30 PM - 8:00 PM	19	20  Seaside's Free Golden Egg Hunt @ Oldemeyer Center
21 	22  EARTH DAY	23  Pajama Day!	24	25	26  Superhero Day!	27
28	29	30  Dino Day!	1	2	3	4

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1  1 Lego My Library @ PG Library 5 PM	2	3  3 Weird Science @ My Museum 11 AM	4  4 National Star Wars Day
5  5 Marina's Certified Farmers Market @ 10 AM	6	7  7 National Teacher Appreciation Day!	8  8 National Bike to School Day!	9	10  10 Bring a book to share day!	11  11 Mother's Day Luncheon @ Oldemeyer
12  12 HAPPY MOTHER'S DAY	13  13 National Apple Pie Day	14	15  15 Crazy Hair Day!	16  16 Water Play Day!	17	18
19	20  20 Disney Day!	21	22  22 Willie Wonka Jr. @ Golden Bough Theatre	23	24  24 CDC CLOSED	25  25 Summer Kick Off @ Pattiullo Swim Center in Seaside
26	27  27 CDC CLOSED MEMORIAL DAY	28  28 Stuffed Animal Day!	29	30  30 Neon Day!	31	

Multicultural Potluck Night

& Open House



April 18, 2019 • 6:30–8:00 p.m.

- Bring your Family and a Cultural Dish—
- Dress in Traditional Clothing—
- Learn about the Unique Cultures that represent our Community—
- Sign up in your Childs Classroom—

Participating Parents will earn Parent Points

Monterey Road Child Development Center
Bldg. 7693, Ord Military Community • 831-583-1050
www.mwrmonterey.com/cyss



IF I HAD MY CHILD TO RAISE OVER AGAIN

IF I HAD MY CHILD TO RAISE ALL OVER AGAIN,

I'D FINGER-PAINT MORE,
AND POINT THE FINGER LESS.

I'D DO LESS CORRECTING,
AND MORE CONNECTING.

I'D TAKE MY EYES OFF MY WATCH,
AND WATCH WITH MY EYES.

I WOULD CARE TO KNOW LESS,
AND KNOW TO CARE MORE.

I'D TAKE MORE HIKES
AND FLY MORE KITES.

I'D STOP PLAYING SERIOUS,
AND SERIOUSLY PLAY.

I'D RUN THROUGH MORE FIELDS,
AND GAZE AT MORE STARS.

I'D DO MORE HUGGING, AND LESS TUGGING.

I WOULD BE FIRM LESS OFTEN,
AND AFFIRM MUCH MORE.

I'D BUILD SELF-ESTEEM FIRST,
AND THE HOUSE LATER.

I'D TEACH LESS ABOUT THE LOVE OF POWER,
AND MORE ABOUT THE POWER OF LOVE.

IT MATTERS NOT WHETHER MY CHILD IS BIG OR SMALL,
FROM THIS DAY FORTH, I'LL CHERISH IT ALL.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1. Walk around the neighborhood and spot gardens.	2. Practice writing the letter M for May and Mom.	3. Have your favorite stuffed animals on a picnic.	4. Count how many rabbits and birds you see in the yard.
5. Lay in the park and look at the clouds. What shapes do you see?	6. Talk about sunshine. What do you like to do on a sunny day?	7. Visit your local Library.	8. Sing "If you're happy and you know it – clap your hands."	9. Take old socks and make your own puppet. Put on a puppet show for friends.	10. Watch a movie outside and eat popcorn.	11. Go to the park and run around barefoot.
12. HAPPY MOTHERS DAY	13. Make cupcakes and lick the spoon.	14. Sing "Old McDonald had a Farm."	15. Read a book about butterflies.	16. Pretend you're a butterfly, a bug and a bird.	17. Draw a list of things you love.	18. Go to Storytime At the Library.
19. Make trail mix: Chex mix, Cheez-it's, dried fruit, raisins, etc...	20. Talk about the ways that you can be kind to your neighbors.	21. Draw a picture of yourself and give to someone in your family.	22. Talk about ways to be nice to your neighbor.	23. What is the weather like today? What will you wear if you go outside?	24. Play charades and act out: riding a bike, smelling flowers, walking in the rain.	25. Check out summertime books at the Library.
26. Make picture with red, white and blue paint. Hang on the wall.	27.  memorial DAY	28. Count the petals on different kinds of flowers.	29. Sing the "Hokey Pokey."	30. Make pictures in clouds of shaving cream.	31. Make a blanket city in the house and use flashlights.	

Porter Youth Center

April & May Dates:

5 April: Crazy hair / Crazy clothes day

10 April: PURPLE UP Day! Wear purple for Military Youth!

12 April: Camo day

19 April: Character Counts Pillars Colors day

26 April: Twin day

26 April: Operation Megaphone

23 May: Strong Beginnings Graduation Ceremony

30 May, 6 p.m.: New Kindergarten Orientation for Parents and Kinders

Come and find out about all that Kinder Summer Camp has to offer. Attending an orientation is required. If you can't make this night, please call the PYC front desk at 831-242-7823 to schedule.

Sign-up for Summer Camp at PYC ages K-12th grade. Students will participate in field trips, visits with special guests, STEAM, technology projects, and more!



PYC YOUTH SUMMIT



The PYC Youth Summit was a great success. Students challenged themselves at Mount Hermon on the ropes course and zip lined through the trees. They also enjoyed an evening at Dave and Busters for dinner, team building games and fun!!!



Introducing Chayse Godfrey

Presidio of Monterey's 2019 Military Youth of the Year



(L to R) CSM Marshall, Chayse Godfrey, Sydney Johnson, Col. Ford

On February 22nd Chayse Godfrey, Senior at Monterey High School and son to CPT Daniel and Christina Kotei, was awarded **the honor of Presidio of Monterey's 2019 Military Youth of the Year.**

Chayse was selected by a panel of judges for his outstanding academic performance, public speaking, and representation of himself and his military youth peers. Chayse will move on to compete at the state competition in May.

Congratulations to Chayse!

PORTER YOUTH CENTER
 Bldg. 4283 on OMC
 831.242.7823
 Mon.–Fri., 6:30 a.m.–6 p.m.
 Open for School Breaks
 Closed Federal Holidays

REGISTRATION
 Parent Central Services
 General Stilwell Community Center
 Bldg. 4260 on OMC
 831.242.7765 • (Fax) 831.242.5630
 Mon.–Fri., 8 a.m.–5 p.m.
www.mwrmonterey.com/CYS

*"GOOD IS NOT A THING YOU ARE.
 IT'S A THING YOU DO."
 – MS. MARVEL*

8 BIG WEEKS
2019

DETAILS INSIDE, ENROLL NOW!

1
 US \$2.57

PORTER YOUTH CENTER
COMIC CON
SUMMER CAMP

NEW ADVENTURES!
EVERY WEEK



Kick Butts Day

March 19, 2019

PYC Youth Sponsors facilitated a "Kick Butts Day," which is part of a national campaign to shed light on the hazards of tobacco products. Students signed a pledge to live a tobacco -free life and to be tobacco-free advocates.



What would you do with 4 hours of free time?



Porter Youth Center:

Engaging Programing, Caring Staff & Positive Atmosphere

Gym, Computer Lab, Snack and Other Activity Areas

Pick-up from Marshall, DLAMP, Seaside High & Middle

Wednesday "Early-Out" & School Break Care

Proximity to Marina Shopping Center

4 hours of free school-age care each month

and eligibility for Youth Sports, School Services & Special Events

Schedule your free time with Porter Youth Center today: (831)242-7823

1 free hour per day, \$5 per hour drop-in rate

Must be registered with Army Child and Youth Services: (831)242-7765

or stop by Gen Stilwell Community Center, 4260 Gigling Rd. OMC



Dollar Store Easter Egg Wreath



Supplies (can be found at Dollar Tree):

- wire wreath form
 - 30 plastic speckled eggs
 - 1 spool ribbon
 - hot glue gun & hot glue sticks*
 - yarn
 - moss
 - latex or chalk style paint
 - small wooden birdhouse ornament
- * Use with adult supervision



Cut the ribbon into 8"
lengths and tie the pieces
on different parts of the
wire wreath form at ran-



Hot glue eggs on to the
wreath. Mix the directions
of the eggs to give it a
casual look. Leave an
empty space big enough to
attach the bird house.



Paint the wooden bird
house using latex or chalk
style paint to match your
wreath. Cut off the top
string and let dry.



Attach the bird house to the
wreath with a hot glue gun.



Create 5-7 pom-poms with
the yarn by wrapping it
about 50 times around your
hand. Then remove the
yarn from your hand, and
tie a scrap piece of yarn
around the center. Cut both
looped ends & fluff to cre-
ate a pom-pom.



Glue the pom-poms to any
open spots on the wreath
with the hot glue gun.



Pull some moss apart into
smaller pieces and hot glue
it to any open spots on the
wreath.

Credit to The DIY Mommy.
For more crafting and DIY
ideas, visit [https://
thediymommy.com/](https://thediymommy.com/)

Win one of two Spring Baskets from Army CYS.
Call 831-242-7197 and say "Military Kids Can"!

April is the Month of the Military Child



The Dandelion – The Flower of the Military Child

"The official flower of the military child is the dandelion. Why? The plant puts down roots almost anywhere, and it's almost impossible to destroy. It's an unpretentious plant, yet good looking. It's a survivor in a broad range of climates. Military children bloom everywhere the winds carry them. They are hardy and upright. Their roots are strong, cultivated deeply in the culture of the military, planted swiftly and surely. They're ready to fly in the breezes that take them to new adventures, new lands, and new friends."

Experts say that military children are well-rounded, culturally aware, tolerant, and extremely resilient. Military children have learned from an early age that home is where their hearts are, that a good friend can be found in every corner of the world, and that education doesn't only come from school. They live history. They learn that to survive means to adapt, that the door that closes one chapter of their life opens up to a new and exciting adventure full of new friends and new experiences."

Author-Unknown

2019 CMC Theme "Military Kids Can"

**CELEBRATING
MILITARY
CHILDREN**

Information Fair
Barbecue · Giveaways
Children's Activities
Bounce Houses
Special Performances
Arts & Crafts Booths
Face Painting
& Petting Zoo

**April 13, 2019
10 am–1 pm**

Logos: MWR, U.S. Army Child & Youth Services, USAA, Jamba Juice, Jeca, The Parks, Central Coast Community Center, Tim A. Auger, DMD, Inc., Advanced Onion, Presidio of Monterey Child & Youth Services.

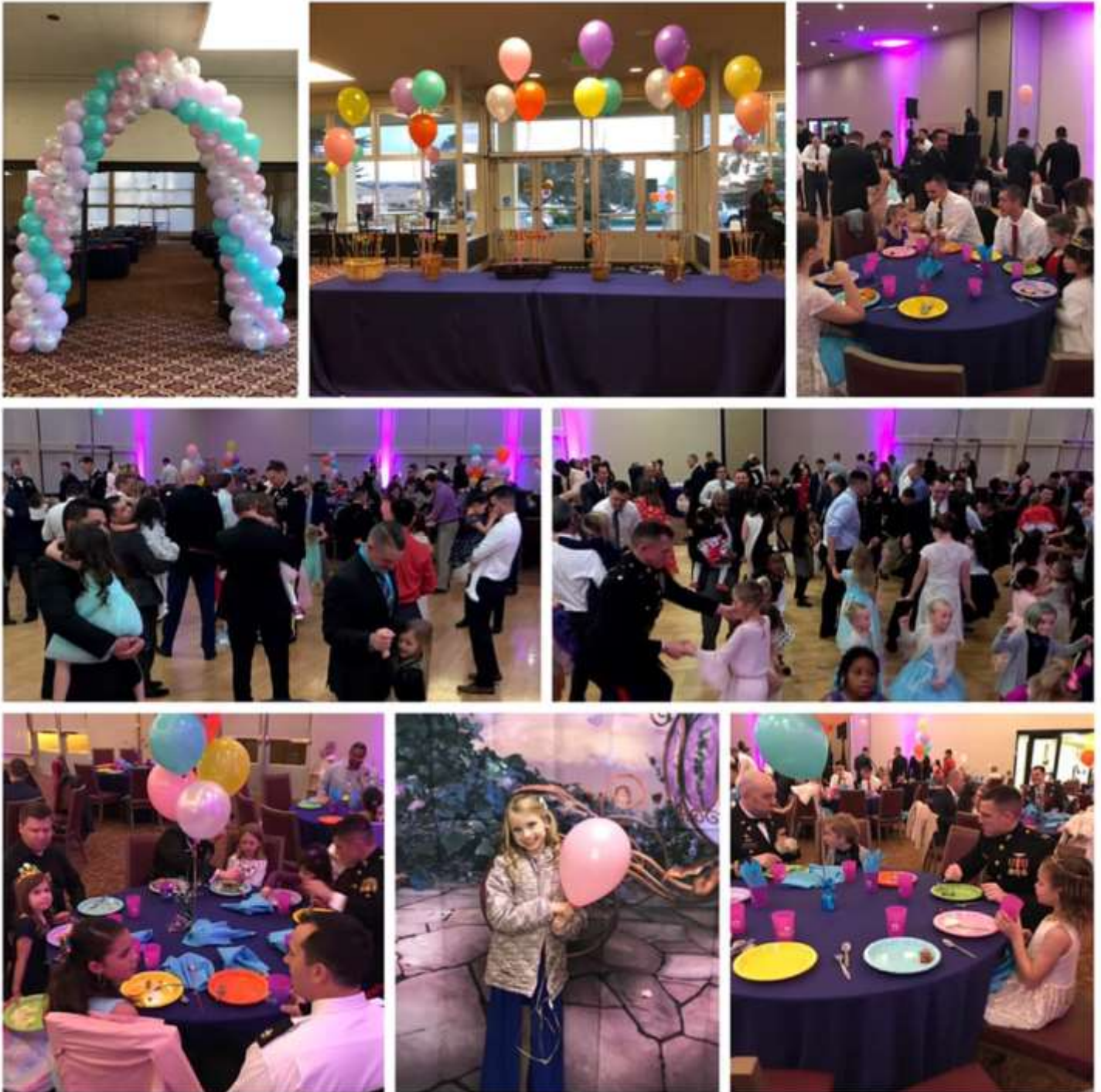
Military children make up a very special part of our nation's population. Although young, these brave kids stand in support of their military parents through regular moves and deployments. In 1986 April was designated as the Month of the Military Child. Since then, each April, Military and Civilian families together have honored Military Children's unique contributions and sacrifices to our Nation.

General Stilwell Community Center
4260 Gigling Road
Ord Military Community, Seaside, CA

Outreach Services

2nd Annual Daddy-Daughter Butterfly Ball

Thank you to all of those who came out and attended or supported our 2nd Annual Daddy-Daughter Butterfly Ball. We had over 280 attendees, who celebrated with dinner and dancing. It was such a wonderful evening filled with lots of laughter and some serious dance moves. Please join our CYS Facebook page for information on future events. We have some exciting things coming up this year! <https://www.facebook.com/PresidioCYS/>



Family Child Care

Family Child Care Providers Wanted in OMC and La Mesa Housing Areas!

Are you familiar with what Family Child Care (FCC) is all about?

FCC is NOT babysitting within your home. FCC offers personal, individualized care within your home environment. FCC providers are fully vetted through the Army, passing thorough background checks and required training. FCC providers are held to the highest standard of care and regulations to ensure the best care possible for our children. FCC is currently recruiting qualified family members residing in Ord Military Community or La Mesa Housing. This is an excellent opportunity for you to work from home, earn extra income, and provide a much needed child care option for our military families. FCC also transfers from installation to installation, affording consistent employment throughout the multiple moves that may occur during a military career.

If you would like to find out more information, please contact the Family Child Care Director, Traci Gibson, at 831-242-5820.



La Mesa & OMC Family Child Care Providers Needed

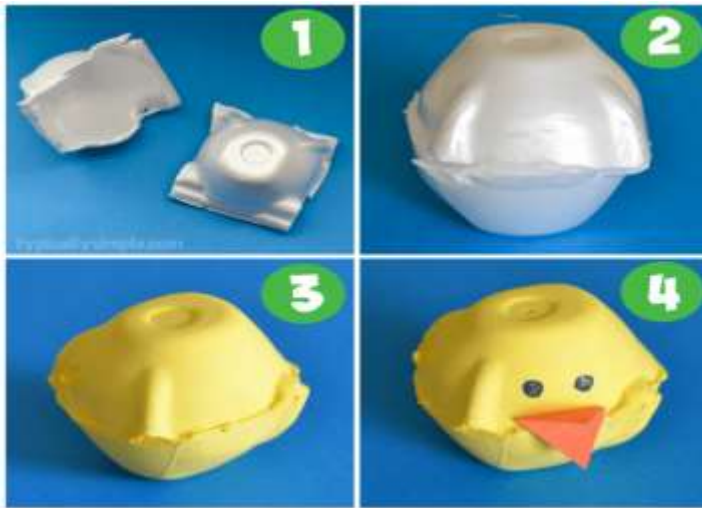
Reasons for being an FCC Provider:

- Maintain a happy home-away-from-home atmosphere for children who can't be with their own parents during the day.
- Create social experiences for your own children.
- Earn \$20,000–\$40,000 per year.
- Minimal start up costs.
- Army funded lending closet.
- Help service members who worry about having quality, reliable child care.
- Extensive Free Training.
- Support for professional growth.
- *Must be in Military housing.

For more information call (831) 242-5820
or email traci.m.gibson.naf@mail.mil



Egg Carton Chicks



Supplies:

Egg cartons, acrylic paint & brush, glue (hot glue to be used under adult supervision), scissors, black marker, orange construction paper.

Directions:

1. Cut apart 2 egg holders from the carton. Trim off the excess on the edges.
2. Glue the two pieces together.
3. Paint and allow to dry.
4. Add a beak and some eyes.

MPUSD OPENHOUSE

You're invited to see the incredible work happening in our schools!

MARINA CHILD DEV. CENTER May 23, 2019 3:30 - 5:30 p.m. 3066 Lake Drive, Marina	SEASIDE CHILD DEV. CENTER May 23, 2019 3:30 - 5:30 p.m. 1450 Elm Ave., Seaside	DEL REY WOODS ELEMENTARY May 6, 2019 5:15 - 6:30 p.m. 1281 Plumas Ave., Seaside
CRUMPTON ELEM. ARTS ACADEMY May 20, 2019 5:30 - 7:00 p.m. 460 Carmel Ave., Marina	DUAL LANGUAGE ACADEMY of the MONTEREY PENINSULA May 13, 2019 5:30 - 7:00 p.m. 225 Normandy Rd., Seaside	FOOTHILL ELEMENTARY May 21, 2019 5:30 - 6:30 p.m. 1700 Via Casoli, Monterey
MARINA VISTA ELEMENTARY May 13, 2019 5:30 - 7:00 p.m. 390 Carmel Ave., Marina	HIGHLAND ELEMENTARY May 20, 2019 6:00 - 7:00 p.m. 1650 Sonoma Ave., Seaside	LA MESA ELEMENTARY May 7, 2019 5:00 - 7:00 p.m. 1 La Mesa Way, Monterey
OLSON ELEMENTARY May 20, 2019 5:30 - 7:00 p.m. 261 Beach Rd., Marina	MARSHALL ELEMENTARY May 7, 2019 5:30 - 7:00 p.m. 300 Normandy Rd., Seaside	MONTE VISTA ELEMENTARY May 13, 2019 5:30 - 7:00 p.m. 251 Soledad Dr., Monterey
LOS ARBOLES MIDDLE April 30, 2019 5:30 - 7:00 p.m. 294 Hillcrest Avenue, Marina	ORD TERRACE ELEMENTARY May 21, 2019 5:30 - 7:00 p.m. 1755 La Salle, Seaside	WALTER COLTON MIDDLE May 22, 2018 5:30 - 7:00 p.m. 100 Toda Vista Dr., Monterey
MARINA HIGH April 11, 2019 5:30 - 7:00 p.m. 298 Patton Parkway, Marina	DR. MLK SCHOOL OF THE ARTS May 21, 2019 5:00 - 7:00 p.m. 1713 Broadway Ave., Seaside	MONTEREY HIGH April 18, 2019 5:30 - 7:00 p.m. 101 Herrmann Dr., Monterey
	SEASIDE MIDDLE April 10, 2019 5:30 - 7:00 p.m. 999 Coe Ave., Seaside	CENTRAL COAST HIGH May 9, 2019 5:15 - 6:45 p.m. 200 Coe Ave., Seaside
	SEASIDE HIGH April 25, 2019 5:00 - 7:00 p.m. 2200 Noche Buena Ave., Seaside	MONTEREY ADULT SCHOOL May 9, 2019 6:30 - 7:30 p.m. 1295 La Salle Ave., Seaside
		ADULT TRANSITION PROGRAM April 10, 2019 3:30 - 5:30 p.m. 1295 La Salle Ave., Seaside

SCHOOL LIAISON SERVICES

OMC Home School STEM Club

The purpose of the OMC Home School STEM club/4-H SPIN (Special Interest) club shall be to provide high quality positive youth development and educational opportunities to meet the needs of young people, their families and communities that are tied to the Land Grant University knowledge base.

Specifically the club will:

- Engage youth and experimental exploration of a topic of interest
- Focus on a specific content and offer you the opportunity for mastery and decision-making an environment that fosters belonging.



Every Friday 11 a.m.-12 p.m. at PYC, Bldg. 4283

Session 1 (Computer Sciences):

Aug. 17 – Nov. 9, 2018

Session 2 (Geology):

Jan. 11 – Mar. 15, 2019

Session 3 (Entomology):

Apr. 5 – May 3, 2019



REGISTRATION IS FREE. Children and youth (5-18) must be Army CYS registered in order to participate, please call 831-242-7765 for an appointment. If you're already registered, please contact your School Liaison Officer to sign up for the events at 831-242-6904. Immunization waivers accepted.

Follows us on online at: www.facebook.com/PresidioSLO or www.mwrmonterey.com/SLO

SCHOOL LIAISON SERVICES Home School Co-Op

School Liaison Services Home-School Program Schedule: School Year 2018-2019

August 21, 2018	September 11, 2018
October 16, 2018	November 6, 2018
December 11, 2018	January 15, 2019
February 12, 2019	March 12, 2019
April 16, 2019	May 14, 2019

Home School Families, the School Liaison Services welcomes your school-age children to the Home School Co-Op. There will be different fun and educational activities available for home schoolers including: Arts & Crafts, Technology Exploration and Sports. We look forward to having your children participate in this unique experience. Please wear appropriate footwear.



Discover the many things that Child, Youth & School Services can offer to you and your children:

Facilities, Gymnasium, Computer Lab, Classes, Activities, Field Trips and much more.

Meetings take place from 9-11:30 a.m. at Porter Youth Center, Bldg. 4283 on OMC.



REGISTRATION IS FREE. Children and youth (5-18) must be CYS Services registered in order to participate, please call 831-242-7765 for an appointment. If you're already registered, please contact your School Liaison Officer to sign up for the events at 831-242-6904.

Follows us on online at: www.facebook.com/PresidioSLO or www.mwrmonterey.com/SLO



Sunday, May 12, 2019 is **Mother's Day**. What better way to show your Mom that you love and appreciate her than doing one of the following low cost gift ideas **that she's sure to enjoy**.

1. Wash and clean out her car —
With all of the time Mom spends in her car, why not tidy it up for her.
2. The gift of free time —
Let her spend her day any way she wants, by herself or with a friend
3. Make her a home-cooked meal —
Whether it's breakfast in bed, lite lunch, a delicious dinner, or a decadent dessert, it's something she's sure to enjoy.
4. The gift of Talent —
Show off your talents and make up a song or write a poem for her. Dance a little routine or draw a picture expressing how much you love her.
5. Go outside and do a fun activity —
Walk, run, or go on a bike ride. Be outside and take in the fresh air and sunshine together.
6. The gift of service —
Give her the gift of a clean house. Clean the bathroom, kitchen, or tell her to take a load off and do the laundry for her today.
7. Family movie night —
Pick her all-**time favorite or something she's been meaning to watch.**
8. The gift of Peace —
Commit to giving your Mom a day of peace with no fighting amongst siblings and not unnecessary bugging her.
9. Make her IOU coupons —
Drawn by hand or typed up on the computer, have coupons made for all the little things you'd like to repay her for doing for you.
10. The Gift of Sleep —
Let her sleep in and get a couple extra hours of uninterrupted sleep.

Upcoming Language Day 2019

Language Day is a celebration held by the Defense Language Institute Foreign Language Center at the Presidio of Monterey. This year it will be on May 10 from 10am-3pm on Soldier Field.

Language Day is open to the public and attended by schools across the nation to promote an understanding of diverse customs and cultures from around the world. Last year, approximately 6,000 people attended this annual event featuring cultural displays, activities and international ethnic cuisine served by local vendors.



Hot Shot Basketball 2019



On February 27, Presidio Youth Sports athletes participated in the 2019 Hot Shot Basketball qualifier at Porter Youth Center. 48 contestants (ages 9-16) tested their basketball shooting skills.

10 participants qualified for the finals at Pacific Grove High School on March 9.

Congratulations to:

Shabnam Qayumi (2nd place, 8-10 Girls); Deema Elmakki (3rd place, 11-13 Girls);

Azza Abbas (5th place, 11-13 Girls); Tai Suich (2nd place, 8-10 Boys);

Soubhan Karzai (5th place, 8-10 Boys); Alex Zuccaro (1st place, 11-13 Boys);

Caden Sallee (4th place, 11-13 Boys)



PRESIDIO YOUTH SPORTS

KARATE & JIJITSU

Ages 6-18



Registration Dates: March 12 - April 13

Sessions: April 16 - July 26

Location: Porter Youth Center Gym

Tuesdays & Thursdays 6:00pm - 7:00pm

Mondays & Tuesdays 6:00pm - 7:00pm

Mondays & Thursdays 6:00pm - 7:00pm

\$80 per 3 month session
15% discount for additional children.



If you have any questions about the class feel free to contact the instructor

Tyler Owens (831) 241-8795



All Military Branches, DOD Civilians and students attending Marshall Elementary, DLAMP or Seaside Middle School are welcome to participate. Space is limited and registrations will be taken on a first come first served basis. All participants must be registered with Parent Central Services and have a current sports physical to participate in youth sports. Newcomers begin the registration process or enroll online at

<https://webtrac.mwr.army.mil/webtrac/presidiocyms.html>

For more information call Andy or Nicole at 242-7809 or call Parent Central Services at 242-7765

Our club is dedicated in the loving memory of

Professor John Chow-Hoon

March 5, 1927 - July 23, 1988

"You are richer today than you were yesterday if you have laughed often, given something, forgiven even more, made a new friend, made stepping stones out of stumbling blocks, if you have thought more in terms of "thysself" than "myself", or if you have managed to be cheerful even though you were weary." -John Chow-Hoon

Our goal is to pass on the knowledge of our founder to the students by teaching self defense, respect, and discipline while having fun.



Infant Play Group

Are you a New Parent?
Have an Infant (newborn to 1 year of age)?

Looking for a fun place to share, learn, and meet other new parents, newborns and infants?
Then come to the Infant Play Group to share, learn and socialize as you explore and encourage your infants development

Every Wednesday 9:00-10:00am
Stilwell Community Center



For more information Army Community Service 242-7660
www.monterey.com/acs



Children & Parents Play Group

Have children age 0-4 and looking for a fun place to play?

Then come to the Children and Parents Play Group. Meet, share and learn with other parents as the world of the newborn, the curiosity of the toddler, and the persistence of the preschooler is explored.

Every Wednesday 10:00-11:00am
Stilwell Community Center



For more information Army Community Service 242-7660
www.monterey.com/acs



Couples Connection

The Secrets to Love That Lasts



ACS Gold Room, 5:30 p.m.-7:30 p.m., Wednesdays 2019

- | | |
|--|-------------------------------|
| 6 MAR: Restoring the Joy | 7 AUG: Dreaming to Completing |
| 3 APR: Fun and Friendship | 4 SEP: Growing with Children |
| 1 MAY: How to Fight Fair | 2 OCT: Family Frame Work |
| 5 JUN: Expectations vs. Desire | 6 NOV: Attitude of Gratitude |
| 3 JUL: Independence to Interdependence | 4 DEC: Surviving the Holidays |

Marriages do not come with instructions. Learn different techniques of how to build on each person's existing strengths and add critical life and relationship skills to your partnership. In particular we will discuss how we all think and react to life events. The goal of this class is to provide couples with a clear picture of what a healthy relationship looks like in such a way that they feel empowered and fully capable of creating their own healthy romantic relationship. Class facilitators will be Everett Zachary, Family Life Chaplain and Jason Ledford, LCSW.

Free Dinner will be provided.

To make a reservation for the class please call 831-242-7660.
Child Care may be available if children are registered with Army Child and Youth Services and enrolled for childcare.



Family Advocacy Program Classes 2019

Tools for Military Life Transitions

Wednesday, April 17 6:00 p.m.-7:30 p.m.

* Moving and helping children transition to new locations, routines, schools, making new friends, dealing with spouse separations and more. Tools and techniques to support you during this time in your life, it does not have to be overwhelming.

Potty Learning It Does Not Have To Be Hard

Wednesday, May 15
6:00 p.m.-7:30 p.m.

* When are children usually ready to learn about using the potty? What are signs to initiate potty training? Is there a difference between boys and girls' readiness? We will explore ideas for a successful and non-stressful experience for this transition.



ACS LENDING CLOSET

Just arrived and your household goods haven't?

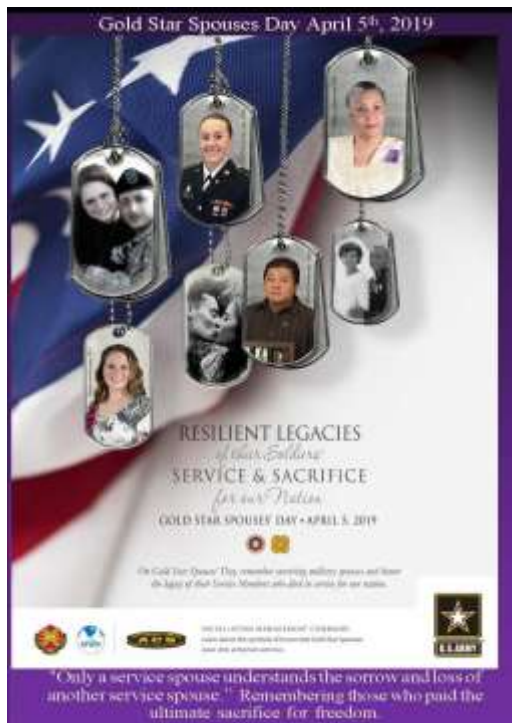
ACS can help, stop by and borrow items like:



For more information, please call
Army Community Service
(831)242-7660
www.monterey.com/ACS

Eligible persons and their guests may borrow items only.





MESSAGES:

- Gold Star spouses are part of the Army Family:
 - ~ U.S. Army Installation Management Command (IMCOM) is committed to providing quality care, support and services to surviving Family members.
 - ~ Gold Star spouses can use IMCOM programs such as Army Survivor Outreach Services for as long as they desire.
 - ~ Gold Star spouses are important members of the Army community.
 - ~ The Army will always remember and honor your Soldier's life, courage and legacy.
 - ~ The Army will continue to provide programs and services to take care of Gold Star spouses and other surviving Family members.
 - ~ Gold Star Spouses are a vital voice on the Chief of Staff of the Army hosted Army Survivor Advisory Working Group (SAWG)
- We remember and honor the surviving husbands and wives of fallen service members:
 - ~ The Army is indebted to Gold Star husbands and wives as they are the legacies of their spouse's ultimate sacrifice.
 - ~ This is an opportunity to show respect to Gold Star husbands and wives and thank them for their spouse's service to our nation.
 - ~ The Army is dedicated to paying tribute to fallen service members and the Family members they left behind.
- Gold Star spouses wear symbols of honor to remember their fallen service member:
 - ~ Gold Star spouses receive either the Gold Star Lapel Button or the Lapel Button for Next of Kin of Deceased Personnel - symbols of honor and great emotion - from the Department of Defense in remembrance of their husbands and wives who gave their lives in service to our nation.
 - ~ When you see someone wearing these symbols of honor, please respect that he or she has lost a loved one who selflessly served our nation.

RESOURCES:

- Symbols of Honor Worn by Surviving Military Families (www.symbolsofhonor.org)
- Army Survivor Outreach Services (www.sos.army.mil)
- Army.mil: Gold Star Survivors (www.army.mil/goldstar)
- Army Family and Morale, Welfare and Recreation (www.armymwr.com)
- Survivor Outreach Services Phone Number: 855-707-2769

VIRTUAL MILITARY SPOUSE SYMPOSIUM

PREPARE FOR YOUR NEXT PURSUIT

REGISTRATION IS OPEN

WEDNESDAY, APRIL 24 & THURSDAY, APRIL 25, 2019

Join us for the 2019 Virtual Military Spouse Symposium, hosted by the Department of Defense Spouse Education and Career Opportunities team.

This two-day virtual event will feature eight interactive sessions designed exclusively for military spouses. Whether you're just starting out or re-entering the work force after some time off, attend this event to:

- Uncover new sources of jobs
- Network with other professional military spouses
- Gain confidence with interviews and hiring events
- Enhance your resume to be optimal in a digital world
- Improve your LinkedIn profile and build your professional network
- Learn tips for negotiating a salary and benefits
- Create a healthy personal brand

This free event can be accessed from anywhere in the world. To choose your sessions and register for the symposium, go to <https://msecoc.militaryonesource.mil/virtualspousesymposium/>.

If you have questions or would like additional information, contact us at usd.msecoc@mil.mil.

Military Gold Star Families & Survivors

Memorial Day

May 27th at 5:00 pm

San Jose Municipal Stadium, 585 East Alma Ave., San Jose, CA

The San Jose Giants and Operation: Care and Comfort invite you to attend the upcoming San Jose Giants vs Lancaster Jethawks game! Select Gold Stars in attendance will participate in the pregame ceremony, prior to first pitch. OCC is providing food & beverage vouchers for the first 100 survivors to RSVP. Attending survivors must be vetted through their area Survivor Outreach Services Support Coordinator (SOSSC) or Air Force Families Forward Coordinator (AFFC).

Sunshine readings in San Benito, Monterey, San Luis Obispo and Santa Barbara counties receive limited no-cost roundtrip transportation via bus services at Army Garrison Presidio of Monterey and Vandenberg Air Force Base.

San Jose Giants salute the dedication and ultimate sacrifice of your beloved hero. Never forgotten... Never alone.

For more Army Community Service for scheduling details, call (311) 242-7660. RSVP must be received by 5/15 or go online @ www.memorieday.com #www.bcc-usa.org



Military Community and Family Policy Fact Sheet

Data

- ✓ *Military families are less likely than civilian families to be impacted by unemployment and poverty, drug abuse and limited access to healthcare. However, they are more likely to face unique risk factors, like intermittent single parenting due to military operations, frequent moves and separation from extended family.*
- ✓ *Child neglect related to lack of supervision or exposure to physical hazards represents the largest percentage of child abuse among military families.*

Additional information

National Child Abuse Prevention Month

<http://www.childwelfare.gov/preventing/preventionmonth/index.cfm>

Protective Factors – Sharing Strategies and Resources

<https://www.childwelfare.gov/pubPDFs/guide.pdf#page=9>

Child Abuse Prevention Month

Background

Since 1983, April has been dedicated to the prevention of child abuse and neglect through the observation of National Child Abuse Prevention Month. The observance serves to educate parents and the community about warning signs and helpful resources, and to reinforce that the safety and well-being of children is a shared community responsibility.

Highlights

Within the military community, the Family Advocacy Program works to strengthen military families and promote parenting skills and resilience. Services include home visitation for new parents as well as support and education for parents of youth of all ages.

Everyone has a role to play in creating safe and healthy communities. It only takes a minute to look out for a child or reach out to a parent under stress. Helping resources are readily available. Child safety is everyone's business. If you suspect child abuse, have the courage to report it to law enforcement, your installation Family Advocacy Program or the DoD Child Abuse and Safety Hotline at 877-790-1197. Your intervention could help a child at risk.

Protective factors are conditions that increase the health and well-being of children and buffer against child abuse. Protective factors include:

- Knowledge of parenting and child development
- Parental resilience
- Social connections
- Concrete supports for parents
- Social and emotional competence of children



Prevent Child Abuse and Neglect



Reduce distractions

Balance your activities to be distraction free.

Prevent accidents

Supervise children at all times; seconds count.

Keep kids safe

Practice safety — simple steps make a big difference.

We're in this together.

To learn more, contact:

Military OneSource at 800-342-9647

<http://www.militaryonesource.mil>

**Your installation's Military and Family
Support Center, Army Community
Service at 831-242-7660**

**Your installation's Family Advocacy
Program at 831-242-7653**

Protect our children: supervised, safe and sound



**If you see child abuse or neglect, call your installation's
Family Advocacy Program at 831-242-7660.
or the Childhelp National Child Abuse Hotline at 800-422-4453.**



**Prevent Child Abuse
America®**



The CYS Newsletter can be viewed digitally at:

<https://presidio.armymwr.com/programs/cyss>

For questions about CYS programs contact:

Parent Central Services (831) 242-7765